**SHARON SALINE, Psy.D.**

**Licensed Clinical Psychologist**

43 Center Street, Suite 303

Northampton, MA 01060

(413) 586-6900

**EDUCATION**

1998 Doctorate of Psychology: California School of Professional Psychology, APA approved program.

1991 Master of Arts, Psychology: New College of California.

1986 Bachelor of Arts, (Magna cum laude), history and semiotics: Brown University.

**TEACHING EXPERIENCE**

9/15-*present* **ADHD Consultation and Training Group, Northampton, Massachusetts:**

*Instructor*

* + - Develop and teach monthly seminar for licensed mental health clinicians on understanding and treating Attention Deficit Hyperactivity Disorder across the lifespan.
    - Create, edit and assemble relevant course materials and syllabus.
    - Facilitate monthly case conference as part of course.

6/11-*present* **Smith College School for Social Work, Northampton, Massachusetts:**

*Part-time Lecturer*

* Teach continuing education courses on “Understanding ADHD and Executive Functioning in Children and Adolescents” and “Understanding the Teen Brain” online and in-person

9/09-2014 **Williston-Northampton Middle School, Easthampton, Massachusetts**

*Training Consultant*

* Provided training to faculty on mental health issues such as gender issues in adolescent development, bullying, ADHD, executive functioning skills, nonverbal learning disability, Asperger’s disorder, anxiety, depression and collaborative problem solving skills in the classroom.

10/05-2/12 **City of Northampton Public Schools, Northampton, Massachusetts:**

*Training Consultant*

* Facilitated multiple trainings for teachers, ESP’s, guidance and adjustment counselors and school psychologists on various mental health topics including ADHD, nonverbal learning disorders, executive functioning skills and common mental health issues in children; facilitate monthly meeting of the district’s school psychologists.

12/03-12/06 **Center for Human Development, Springfield, MA**:

* Taught seminars for mental health professionals on selected topics including “The child and adolescent overview: the impact of trauma on child development,” “The use of mental status exams in clinical assessment and treatment,” and “Effective couples’ therapy.”

9/01-1/02 **University of Massachusetts, Amherst, Massachusetts:**

*Visiting Faculty*

* Taught upper level undergraduate course entitled “The Psychology of Women.”

**PROFESSIONAL EXPERIENCE**

12/02-*present* **Private Practice, Northampton, Massachusetts:**

*Psychologist*

* + - Provide individual and family therapy for children and adolescents as well as seeing adults and couples; attend school collateral meetings when requested.
    - Consultation for parents and professionals on clinical topics and psychological evaluations.
    - Trainings for parents, therapists and educators on various topics related to children, adolescents and family mental health issues.

9/13-*present* **‘*Got kids? Let’s talk!’******Monthly Parenting Series,* Northampton Massachusetts**

*Founder and Co-facilitator of Workshops at Northampton Area Pediatrics*

* Choose relevant topics of broad interest, organize guest speakers and write publicity for the series
* Present on variety of topics including ADHD, anxiety, preschool behaviors and technology in families.

10/05-2/12 **City of Northampton Public Schools, Northampton, Massachusetts:**

*Consulting Psychologist, grades k-8.*

* + - Collaborated with principals, teachers, special education staff and adjustment counselors about behavioral interventions and mental health issues; strategize about classroom management problems and participate in IEP Team meetings, 504 meetings, parent conferences and case management meetings as needed.

7/09-12/09 **Smith College Department of Education, Northampton, Massachusetts:**

*Clinical Consultant*

* Led monthly training for Master’s level students about mental health issues in the classroom that included readings, discussion and case presentations as part of a pilot program to increase their knowledge about socio-emotional issues and behavior for students ages 5-18.

1/04-6/09 **Montessori School of Northampton, Northampton, Massachusetts:**

*Consulting School Psychologist*

* + - Advised and collaborated with teachers about learning disabilities, behavioral problems, educational and psychological evaluations and mental health issues for selected students; facilitated parent meetings; met with the school director.
* Provide teacher trainings on various subjects including bullying, child development, learning disabilities and children’s mental health issues; offer parent discussion groups on child development, peer relations, effects of media on children, gender differences and bullying.

2/00-5/04 **Child Guidance Clinic, Springfield, Massachusetts:**

*Psychologist*

* + - Coordinated intern training group: taught and organized weekly training sessions that integrated clinical theory and practice for master’s and doctoral level interns; supervised interns and postdoctoral clinicians on psychological assessments and clinical work.
    - Provided clinical and organizational consultation to elementary schools and preschools in the Springfield school district including leading weekly therapy groups for at-risk children and conducting continuing education workshops for teachers on a variety of mental health issues.
    - Conducted individual and family therapy in addition to doing relevant case management services. Performed intake assessments and psychological evaluations. Participated in weekly case conferences and led seminar on “Understanding Children’s Dreams.”

9/97-7/99 **Family Institute of Pinole, Pinole, California:**

*Supervisor*

* + - Supervised practicum level doctoral students who were seeing clients at the Institute and received consultation and training about supervision.

9/91-5/93 **Carlmont Center for Family Counseling, Belmont, California:**

***Counseling Program Coordinator and Youth Diversion Program Coordinator***

* Coordinated intake process, managed waitlist and assigned cases; organized monthly calendar for staff meetings including case conferences and team treatment sessions; conducted individual and family therapy with children, adolescents, and their parents.
* Developed and implemented youth diversion program based on a brief therapy model for families of adjudicated youth; supervised clients' community service projects; compiled and analyzed monthly statistics; met with local police officers and county probation officials to discuss juvenile crime.
* Managed high school programs which included: co-facilitating multi-ethnic, substance abuse prevention groups for teenagers; directing Peer Helping and Conflict Resolution programs; organizing and co-leading anti-racism workshops; meeting weekly with faculty members of Youth Empowerment Systems Team; compiling and analyzing monthly statistics.

**PUBLICATIONS**

Saline, S. (in press). “What your ADHD child wishes you knew: Working together to empower kids for success in school and life.” New York: TarcherPerigee.

Saline, S. “5 ways to improve cooperation with your kids with ADHD,” *ImpactADHD.com.* Impactadhd.com, 3 October 2016. Web. 3 October 2016.

Saline, S. “More than prescribing: Five ways primary care providers can help children with ADHD and their families.” *MCPAP News.* mcpap.org, 25 September 2015. Web. 26 September 2015.

Saline, S. Monthly blog posts (http://[drsharonsaline.com](http://drsharonsaline.com)), 2013 to present.

Carl, C. “Can a house calm a hyperactive kid? Interview with Dr. Sharon Saline,” *Networx*. Networx.com, 14 September 2012. Web. 15 September 2012.

Saline, S. (2010, December 6). Teen empathy real but needs guidance. The Daily Hampshire Gazette, p. A10.

Saline, S. (1999). "The Most Recent Dreams of Eight to Eleven Year-Old Children." Dreaming, 9(2).

Saline, S. (1998). "Gender Differences in Children's Most Recent Dreams." Dreamtime, 15(1&2), 24-52.

**KEYNOTE ADDRESSES:**

Versan Educational Services’ Recession Proofing Education Seminars:

*“Raising Responsible Digital Citizens in the 21st Century,”* Kingston and Montego Bay,

Jamaica 2015. *“More than Getting By: Thriving in High School,”* Kingston, Jamaica 2014.

*“What were you thinking? Understanding the teen brain,”* Kingston and Montego Bay,

Jamaica 2013.

The Grove School Parents’ Weekend: *“What were you thinking? Understanding the teen brain,”* Madison, CT, May 2014

Small Boarding School Association 2013 National Conference: *“What were you thinking? Understanding the teen brain,”* the Purnell School, Pottersville, NJ, March 2013.

**PROFESSIONAL PRESENTATIONS AND TRAININGS (past 5 years)**

“What your ADHD child wishes you knew and how you can help: The 5C’s of successful ADHD parenting,” 2017 Annual International CHADD and ADDA Conference, Atlanta, GA, *November 2017*.

“Helping anxious kids build resiliency and worry less,” Small Boarding School Association 2017 National Conference, The Fessenden School, Boston MA, March 2017; “Fostering resilience for kids with anxiety,” ImpactADHD.com, *March 2017*.

“Giving voice to the un-voiced: How personal narrative builds connection and breaks down walls,” Small Boarding School Association 2017 National Conference, The Fessenden School, Boston MA, March 2017; Through her Eyes 11th Annual Conference, Springfield, MA, *October 2015*.

“What were you thinking? Understanding the teen brain,” Creating Unstoppable Teens: A Virtual Conference hosted by Maggie Wray, Ph.D., *June 2016*; “Understanding the Teen Brain: A Presentation and Workshop for Students and Faculty” Pioneer Valley School for Performing Arts, South Hadley, MA and Northampton High School, Northampton, MA, *November 2013*.

“Why Mindsets Matter: Fostering Student Motivation and Resilience in the Learning Process” and “Building better brains: Supporting Executive Functioning through Technology Tools,” Small Boarding School Association 2014 National Conference, Salem Academy, Winston-Salem, NC, *March 2014;*

“Bystanders Make *All* the Difference,” Small Boarding School Association (SBSA) 2013 National Conference, The Purnell School, Pottersville, NJ, *March 2013*

“Understanding ADHD and Executive Functioning for Clinicians,” Smith College Counseling Center, Northampton, MA, *November 2012*

**PARENT WORKSHOPS (past 5 years)**

“Plugged in: Helping your family navigate the world of technology,” Montessori School of Northampton, Northampton, MA, *April 2016; May 2017.*

“ADHD or just energetic?” Family Confidential Video Podcast with Annie Fox, Anniefox.com, *January 2105*.

“Raising Digital Citizens in the 21st Century,” sponsored by the Hatfield Special Education Parents Association, Hatfield, MA, *November 2015*

“The ABC’s of ADHD and Executive Functioning”, sponsored by the Hatfield Special Education Parents Association, Hatfield, MA, *March 2014; April 2014* Amherst Department of Education, Amherst, MA.

“Help! I’m at the end of my rope! Parenting tools that REALLY work” sponsored by the Hatfield Special Education Parents Association, Hatfield, MA, *March 2014.*

**CLINICAL TRAINING**

9/97-8/98 **Marin County Community Mental Health Services, Greenbrae, California:**

*Predoctoral Intern*

* + - Provided individual and family counseling to severely emotionally disturbed children and chronically mentally ill adults; weekly rotation at the Psychiatric Emergency Unit; conducted crisis and urgent care evaluations and comprehensive service plans for children and adults.

9/96-8/97 **Family Institute of Pinole, Pinole, California:**

*Predoctoral Psychological trainee*

* + - Provided individual, family, and couples counseling in a community mental health setting including psychological evaluations and weekly team interventions using one-way mirror techniques.

9/95-6/96 **Rubicon Day Treatment Programs, Richmond, California:**

*Predoctoral Psychological trainee*

* + - Conducted individual psychotherapy, milieu therapy, group therapy and case management and psychological evaluations for severely mentally ill adults.

**PROFESSIONAL AFFILIATIONS**

The American Psychological Association (APA), Massachusetts Psychological Association (MPA), Children and Adults with ADHD (CHADD), Attention Deficit Disorder Association (ADDA)