



## INVITE DR. SALINE TO SPEAK



### TAILORED WORKSHOPS AND LECTURES TO MEET YOUR UNIQUE NEEDS ON ADHD, EXECUTIVE FUNCTIONING, ANXIETY & CHALLENGING BEHAVIOR

#### POPULAR PRESENTATION TOPICS:

- **BUILDING BETTER BRAINS: 5 easy steps for improving your child's executive functioning skills with less arguing and more cooperation**
- **WHAT YOUR ADHD CHILD WISHES YOU KNEW AND HOW YOU CAN HELP: *The 5C's of Successful ADHD parenting***
- **WHAT WERE YOU THINKING? *How understanding the teen brain can improve your relationships and work with adolescents***
- **RAISING 21ST CENTURY DIGITAL KIDS: *Balancing screen time and why it matters***
- **WHEN WORRYING TAKES OVER: *Managing anxiety in children and teens***

#### ABOUT DR. SHARON SALINE

Sharon Saline, Psy.D., a licensed clinical psychologist, is a top expert on ADHD, executive functioning challenges and mental health issues.

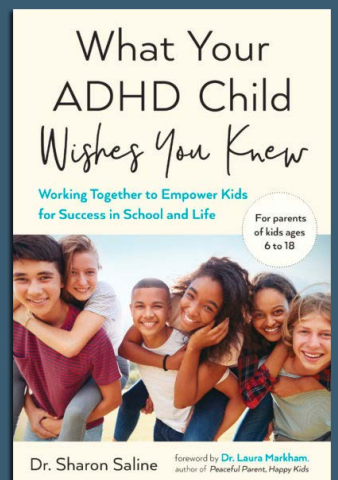
For more than 25 years, she has worked with children, teens, families, educators and clinicians to improve communication and foster deeper relationships.

Dr. Saline is your guide as you navigate the confusing maze of information, emotions, stress and conflict.

Her effective tools are funneled into her new book, *What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life*.

#### AVAILABLE FOR:

- Full and half day seminars
- Keynotes
- General & Breakout Sessions
- Workshops & Lectures
- Panel Discussions
- Educator & Administrative Coaching



Contact  
**SHARON SALINE, Psy.D**

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# Credible. Captivating. Compelling.

## ARE YOU OVERWHELMED BY THE CHALLENGES OF RAISING A CHILD OR TEEN WITH ADHD?

As an internationally sought-after lecturer and workshop facilitator, Dr. Saline combines psychology with her love of theatre to animatedly present on a variety of topics from understanding ADHD, executive functioning and anxiety in children and teens, making sense of the teen brain, working with different kinds of learners and raising digital citizens. A magna cum laude graduate of Brown University, she received her master's degree in psychology from New College of California and her doctorate in psychology from the California School of Professional Psychology at Alliant University. Dr. Saline is a regular contributor to **ADDitude.com** and **PsychologyToday.com**, a featured expert on **MASS Appeal** on WWLP-TV and a part-time lecturer at the Smith School for Social Work. She lives with her family in Northampton, MA.

Learn more at [www.drsharonsaline.com](http://www.drsharonsaline.com) and @DrSharonSaline.

### AS SEEN ON:



### SPEAKING AND WORKSHOP SAMPLING:

- Brooklyn Public School District 16 • Brooklyn, NY
- Smith College Mental Health Services • Northampton, MA
- Smith College School for Social Work • Northampton, MA
- Center for Human Development • Springfield, MA
- University of Massachusetts • Amherst, MA
- Sonoma Academy • Santa Rosa, CA
- The Russell Byers Charter School • Philadelphia, PA
- The Willie Ross School for the Deaf • Longmeadow, MA
- The Athenian School • Danville, CA
- The Robert Louis Stevenson School • New York, NY
- Northampton Area Pediatrics • Northampton, MA

### PROFESSIONAL AFFILIATIONS:

- The American Psychological Association (APA)
- MASS Psychological Association (MPA)
- Children and Adults with ADHD (CHADD)
- Attention Deficit Disorder Association (ADDA)
- American Family Therapy Academy (AFTA)



*"As a presenter on parenting issues, Dr Saline does not disappoint. She's a knowledgeable and engaging speaker that uses humor to help make her point. Her insight and experience were evident both during the presentation as well as when answering audience questions. We happily look forward to hosting her again."*

**The Hatfield Special Education Parent Advisory Council**  
Hatfield, MA

*"I enjoyed Sharon's faculty workshop on teenage brains and improving executive functioning skills in our students. It was very informative and was presented, as usual, with humor and energy. She is clearly interested in kids and how they learn, and she knows her stuff. Teachers walked away with take-home points they could use immediately. Sharon is a tremendous resource."*

**Jennifer H. Fulcher, M.Ed., Head of the Middle School**  
The Williston Northampton School, Easthampton, MA

*"Dr. Saline gave me what I needed to plan for next school year and to return to fight the battles I have fought for years on behalf of children and families. What she does is so meaningful and helpful. I believe in empowering parents to fight for their children by giving them information and sending them to sources of information. In one day, Dr. Saline gave me many insights and tools to do this."*

**Jennie A., School Social Worker, New Haven, CT**

*"On her recent forays to the Caribbean, Dr. Saline hhas been nothing short of wonderful in her addresses for parents and students. Sharon is insightful, creative, flexible to the needs of her students and truly prepares and reflects on the key points of her presentations. Every year, we get fresh, vital information that permits our students to grow from strength to strength in how they handle their studies."*

**Sandra Bramwell, Founder and Director of Versan Educational Services,**  
Kingston and Montego Bay, Jamaica

### Contact

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