



DR. SHARON SALINE

Sharon Saline, Psy.D., a licensed clinical psychologist in private practice, is a top expert in how ADHD, learning disabilities and mental health issues affect children, teens and families. Dr. Saline has worked extensively with schools on mental health issues in the classroom, interpreting psychological evaluations and improving teacher/parent communication.

Her unique perspective, namely growing up in a household with a sibling who wrestled with untreated ADHD, combined with decades of clinical experience, assists her in guiding families as they navigate the confusing maze of information, emotions, stress and conflict related to ADHD. She helps them appreciate the positive aspects of living with ADHD and create successful dialogues, interventions and connections. Dr. Saline funnels this expertise into her forthcoming book, *What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life*. Heralded as an invaluable resource, she addresses hot topics and offers effective tools designed to improve communication and reduce conflict.

As an internationally sought-after lecturer and workshop facilitator known for combining her expertise in psychology with a background in theater, she addresses a variety of topics such as understanding ADHD and executive functioning, making sense of the teen brain and working with different kinds of learners. Dr. Saline is also a part-time lecturer in the Continuing Education Program at the Smith School for Social Work. A graduate of Brown University, she received her master's degree in psychology from New College of California and her doctorate in psychology from the California School of Professional Psychology at Alliant University. Sharon lives with her family in Northampton, MA. More information is available at www.drsharonsaline.com, Facebook @DrSharonSaline and Twitter @DrSharonSaline.

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