



✉ sharon@drsharonsaline.com

☎ (413) 586-6900

📍 43 Center Street, Suite 303
Northampton, MA 01060

EDUCATION

● Doctorate of Psychology

California School of Professional Psychology, APA approved program. Completed: 1998.

● Master of Arts, Psychology

New College of California. Completed: 1991.

● Bachelor of Arts

Brown University. History and Semiotics. Magna cum laude. Completed 2014.

SKILL

- Clinical Psychologist
- Award-Winning Author
- International Speaker
- Expert Consultant

LICENSES & CERTS

MA Psychologist Health Services Provider

License 8012

ADHD-CCSP Certified

Certification

Dr. Sharon Saline

Clinical Psychologist, Award-Winning Author,
International Speaker and Expert Consultant
**ADHD-CCSP Certified*

PROFESSIONAL TRAININGS:

Smith College School for Social Work Continuing Education Program: 2012 to present
Massachusetts Partnership for Youth: 2023, 2022
The Village for Families and Children: 2023
Additudemag.com: 2019 to present
Muscogee (Creek) Nation Division of Health: 2023, 2022
Open Sky Community Services Professional Trainings: 2022, 2021
Baystate Medical Center Grand Rounds: 2022
ADHD Coaches Organization (ACO) Enrichment Series: 2022
Branford Youth Service Bureau: 2022
Actualizados (Argentina): 2022
California Teacher Development Collaborative (CATDC): 2021- 2019
PESI Professional Trainings: 2019-present
New Jersey Association of Marriage and Family Therapists Annual Meeting: 2019
William James College Continuing Education: 2019-2018
Smith College Counseling Center: November 2012

SCHOOL PRESENTATIONS AND/OR CONSULTATIONS:

The Greenwood School, Putney VT: 2022-2023
Foothills Academy, Calgary Canada: 2023
The Common School of Amherst, Amherst, MA: 2022-23
Katherine Delmar Burke School: 2022
Bay School of San Francisco: 2022, 2020
Northampton Public Schools, Northampton MA: 2022-2018; 2012-2005
Children's Community School of Los Angeles, CA: 2022, 2021
Kingsley Montessori School of Boston, MA: 2022
Stoneleigh Burnham School, Greenfield, MA: 2021-2022
The Cove School, Northbrook, IL: 2021
The New England Adolescent Research Institute (NEARI), Holyoke, MA: 2022, 2018
Killingly high School, Killingly CT: 2021
The Montessori School of Northampton, Northampton, MA: 2020-2017, 2004-2009
The Liberty School, Petaluma: 2020
Parent Wiser, Issaquah, WA: 2020
The Athenian School, Danville, CA: 2019
Bernard Zell School, Chicago, IL: 2019
Fusion Academy Burlington MA and Rockville MD: 2019
Sonoma Academy, Santa Rosa, CA: 2019
The Benchmark School, Media, PA: 2018
Willie Ross School for the Deaf, Longmeadow, MA: 2019
The Williston Northampton School: 2009-2015
Robert Louis Stevenson School, New York, NY: 2018
Smith College Department of Education, Northampton, MA: 2009



HONORS & AWARDS

- **Winner of the Best Book Awards 2018**
Winner of Mom's Choice Awards 2018

What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life

- **Best ADHD Books of All Time**
Book Authority

What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life

- **Academy of Family Therapists of America AFTA**

Selected to become a member.

PROF. AFFILIATIONS

The American Psychological Association (APA)

Children and Adults with ADHD (CHADD)

Attention Deficit Disorder Association (ADDA)

ADDitude Magazine (advisory board panel member)(ADDitudemag.com)

Inflow (clinical board member)

International ADHD Conference planning committee member and talent show producer

The American Professional Society of ADHD and related disorders (APSARD)

Learning Disabilities of America (LDA)

Society for the emotional needs of the gifted (SENG)

American Family Therapy Academy (AFTA)

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PARENT AND BUSINESS ORGANIZATIONS:

Fingerprint for Success, Australia: 2023

Feeding America: 2022 (Neurodiversity training webinar)

www.SuperDville.com: 2022-present (consultant and presenter)

Children and Adults with ADHD (CHADD): 2018-present

Adults with ADHD (ADDA): 2019-present

Inflow: 2022 to present (consultation and webinar)

Weekly Facebook Live for ADDitude Magazine: 2020 to present

Featured Expert on Mass Appeal, 22 News, WWLP-TV, Springfield, MA: 2019 to present

www.OperationParent.org: 2020, 2021

www.brightandquirky.com: 2019 to present

Talentissimo Netherlands: 2021

Lexington MA Community Education: 2020, 2021

Harlem Education Activities Fund: 2018

Cities of Northampton, Hatfield and Amherst, MA: 2017, 2016, 2015

CONFERENCES (FEATURED SPEAKER):

Psychotherapy Networker Symposium: 2022, 2019

Third Annual ADHD EdCamp Conference: 2021

International Conference on ADHD: 2022, 2021, 2020, 2019, 2018, 2017

Association of Independent Schools of New England (AISNE) Annual Conference: 2023, 2022

ADHD Family, Women's and Couples' Paloozas: 2019 to present

TEFOS (The executive functioning summit with Seth Perler): 2019 to present

International Coalition of Girls' Schools Educating Girls Symposium: 2023

CADDRA (the Canadian ADHD Resource Alliance): 2021

Learning Disabilities of American 58th annual conference: 2019

SciTech Central Covid-19 International Conference 2021

Independent Educational Consultants Association Annual Conference (IECA): 2021

Supporting the Emotional Needs of the Gifted (SENG) Annual Conference 2021

Global Virtual Special Needs Conference, India: 2019

Center For Communication & Learning, LLC Annual Conference: 2019, 2021 (featured speaker and moderator)

Bright and Quirky Online Summit: 2019

Succeed with ADHD TeleSummit: 2019

MASCA (the Massachusetts School Counselors Association) Conference: 2021

Centre Universitaire Mediterranee, "Journées Mediterraneennes of TDAH" (Nice, France): 2019

Small Boarding School Association National Conference, Boston MA and Winston-Salem, NC: 2017, 2014

Through her Eyes 11th Annual Conference, Springfield, MA: 2015, 2012



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KEYNOTE SPEAKING ENGAGEMENTS:

The Greenwood School Parents' Weekend: "How to reduce worrying and build confidence in neurodiverse tweens and teens in an age of anxiety," 2022.

Institute for Challenging Disorganization 2022 Conference: "Confident and curious: How to help neurodivergent adults reduce worrying, navigate social challenges and develop the competence they need," September 2022.

Small Boarding School Association 2021 Virtual Online Conference: "Beyond the New Normal: Effective tools for understanding and supporting all students in an uncertain world," online, March 2021.

ADDISS (ADHD Information Services), UK tour: "The ABC's of ADHD and Executive Functioning: Creative Solutions to Life's Daily Challenges," 2019.

Versan Educational Services Educational Seminars:

"Raising Responsible Digital Citizens in the 21st Century," Kingston and Montego Bay, Jamaica 2015.

"More than Getting By: Thriving in High School," Kingston, Jamaica 2014.

"What were you thinking? Understanding the teen brain," Kingston and Montego Bay, Jamaica 2013.

The Grove School Parents' Weekend: "What were you thinking? Understanding the teen brain,"
Madison, CT, May 2014

Small Boarding School Association 2013 National Conference: "What were you thinking?
Understanding the teen brain," The Purnell School, Pottersville, NJ, March 2013.

KEYNOTE SPEAKING ENGAGEMENTS:

- 8/21-5/23 The Greenwood School, Putney, Vermont: Neurodiversity Consultant.
- 2018 to present: ADDitude Magazine: Contributing editor and advisory board panel member.
- 12/02 to present: Dr. Sharon Saline, LLC Private Practice, Northampton, Massachusetts: Clinical Psychologist.
- 3/19-present: PESI, Incorporated National Trainings Instructor.
- 6/11-present: Smith College School for Social Work, Northampton, Massachusetts: Part-time Lecturer.
- 9/13-2022 'Got kids? Let's talk!' Monthly Parenting Series, Northampton MA: Founder/Co-facilitator of Workshops at Northampton Area Pediatrics.
- 9/09-2014 Williston-Northampton Middle School, Easthampton, MA. Training Consultant.
- 10/05-2/12 City of Northampton Public Schools, Northampton, Massachusetts: Training Consultant.
- 12/03-12/06 Center for Human Development, Springfield, MA: Training Consultant.
- 9/01-1/02 University of Massachusetts, Amherst, Massachusetts: Visiting Faculty



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BOOKS AND ACADEMIC PUBLICATIONS:

Saline, S. (2021). Thriving in the new normal: How COVID-19 has affected alternative learners and their families and implementing effective, creative therapeutic interventions. *Smith College Studies in Social Work*, 91(1), 1–28. <https://doi.org/10.1080/00377317.2020.1867699>

Saline, S. (2020). *The ADHD Solution Card Deck*. Eau Claire: PESI Publishing & Media.

Saline, S. (2018). *What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life*. New York: TarcherPerigee.

Saline, S. (1999). The Most Recent Dreams of Children Ages 8–11. *Dreaming* 9, 173–181.

Saline, S. (1998). "Gender differences in children's most recent dreams," *Dreamtime*, 15(1&2), 24-52.

SELECTED PUBLICATIONS:

ONGOING:

- Contributing Editor to Intrepid News
- Contributing editor for ADDitude Magazine (print and online)
- Blogger for PsychologyToday.com

Numerous online and print publications including MSN, The Psychotherapy Networker, Smith College Studies in Social Work, Attention Magazine, ADDitude Magazine, PsychCentral.com and Inquirer.com.

Sharon Saline, Psy. D. (2023, July 12). 5 overlooked signs of ADHD - the inattentive type. ADDitude. <https://www.additudemag.com/adhd-inattentive-type-5-signs/>

Saline, S. (2023, February 3). How to advocate for your child during ADHD evaluations (& other learning challenges). YourTango. <https://www.yourtango.com/family/advocate-child-adhd-evaluations>

Saline, S. (2022, November 4). Perfectionism and ADHD can become unhealthy for children. CHADD. <https://chadd.org/adhd-weekly/perfectionism-and-adhd-can-become-unhealthy-for-children/>

Saline, S. (2022, October 24). 5 expert strategies for Breaking Bad Habits in kids with ADHD. Yahoo! <https://www.yahoo.com/lifestyle/5-expert-strategies-breaking-bad-063004897.html>

Saline, S. (2022, July 8). 7 tools for managing childhood anxiety. YourTango. <https://www.yourtango.com/family/reduce-childhood-anxiety>

Saline, S. (2021, May/June). "Relearning parenthood: When children reach adulthood, what then?" *Psychotherapy Networker*

Saline, S. (2021, February 26). "My Gifted Teen Has ADHD - and So. Much. Frustration." ADDitude. <https://www.additudemag.com/2e-twice-exceptional-teen-adhd-anxiety/>.

Saline, S. (2021, February 22). ADHD Time Warp: How to Stop Being Late, Frustrated, and Overwhelmed. *Psychology Today*. <https://www.psychologytoday.com/us/blog/your-way-adhd/202102/adhd-time-warp-how-stop-being-late-frustrated-and-overwhelmed>.

Saline, S. (2020, May 16). Psychologist Offers 5 Ways to Help Reduce Your Family's Stress and Anxiety. *Grown and Flown*. <https://grownandflown.com/ways-to-reduce-family-stress-anxiety/>.

Saline, S. (2020). "Homeschooling a kid with ADHD? Here's some expert advice." *Inquirer.com*.



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SELECTED PUBLICATIONS (CONT'D):

Saline, S. (2020). "How to help your family cope with numbness and isolation during COVID-19." Psychcentral.com.

Saline, S. (2019). "What is your non-ADHD partner thinking?" WebMD.com.

Saline, S. (2019). "What's up with all this anger?" Attention Magazine, Vol. 26 No. 2, p. 20-23.

Saline, S. (2018). "How can I help my child with ADHD have a successful school year?" Philly.com. Philly.com, 2 October 2018. Web 2 October 2018.

Saline, S. (2018). "5 common mistakes parents make with their ADHD kids and how to fix them," Inquirer.com. Inquirer.com, 6 August 2018. Web 6 August 2018.

Saline, S. (2018). "It's not just about time management," Attention Magazine, Vol. 26, No. 3.

Saline, S. (2015). "More than prescribing: Five ways primary care providers can help children with ADHD and their families." MCPAP News. mcpap.org, 25 September 2015. Web. 26 September 2015.

Carl, C. "Can a house calm a hyperactive kid? Interview with Dr. Sharon Saline," Networx. Networx.com, 14 September 2012. Web. 15 September 2012.